

## Research Article

# Sustainable Development through Universal Human Values

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## I N F O

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## A B S T R A C T

Values that are fundamental to being a person are referred to as basic human values. Truth, honesty, loyalty, love, peace are among the values that are seen as being essential human values because they highlight the core goodness of people and society. Human values are integral part of our personality. Many employers are inclined to hire those who have better human values. It is rightly to state that 'Human being without values is none other than an animal'. But when values enter in the character of human beings then it is turned as 'value-based education' which not only gives moral education but also develops an overall growth of a human being. Positive values always make a good impact for the society as well as individual. Value can be evaluated in two ways. Extrinsic and intrinsic values. By example we can understand this. Suppose, if I need 2 kg of sugar to buy, for that I have to go for shopkeeper. After paying the value of sugar, then only I can receive the material. In our life what we pay to buy material things that all are related to extrinsic values. Apart from this there are intrinsic values, Love, care, share, gratitude, reverence, trust, responsibility which we cannot buy. I can't say I need 2kg of love or 2 meters of affection. This is absolutely impossible. Intrinsic values are so special or precious to acquire in our life. Therefore, value education implies for importance of knowledge in any kind of source. Nothing can exist without value. The axe is useful so long as it cuts, the tree so long as it bears fruit, the Cow so long as it gives milk. This rule applies to everything in the natural world for all it is interrelated. It also applicable to human beings. Practice makes a man perfect. We are useful so far as we practice over the values. Every human being with to be prosperous and happy throughout their life tenure, but how it can be attained and assessed is revealed in this article.

**Keywords:** Human Values, Family And Society, Peace, Happiness, Value Education, Success

## Introduction

The goal of the current essay is to examine the significance of human values in society. Without human values, we might not survive. Thus, it is essential to spread awareness

of human values in contemporary culture. There is a great deal of stress being put on the earth as a result of human activity in many different ways. For instance, global warming-related climate change. The application of human values and the numerous corrective actions and climate

change solutions appear to be closely related. It is thought that humanity will be saved in the end by its commitment to human values. The planet is undergoing a quick change.<sup>2</sup>

### Need for Human Values

The goal of the current essay is to examine the significance of human values in society. Without human values, we might not survive. Thus, it is essential to spread awareness of human values in contemporary culture. There is a great deal of stress being put on the earth as a result of human activity in many different ways. For instance, global warming-related climate change. The application of human values and the numerous corrective actions and climate change solutions appear to be closely related. It is thought that humanity will be saved in the end by its commitment to human values.<sup>3</sup> The planet is undergoing a quick change. Value education teaches the most effective way to live that can be beneficial to individuals as well as the people around us. As a result of value education, students become more responsible and sensible. It allows them to gain a better understanding of life and lead productive and responsible citizens. By educating them about values, we can prepare them to make the right choices in any circumstances.<sup>4</sup>

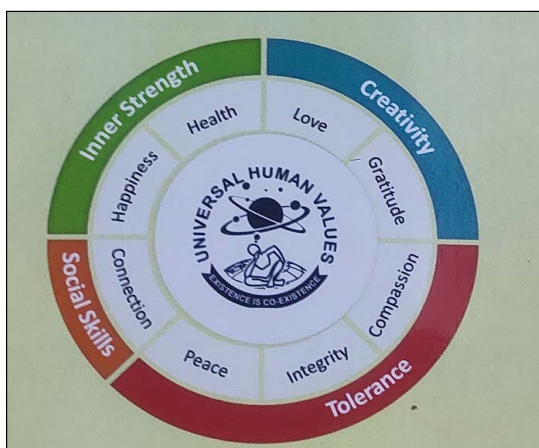


Figure 1. Global needs of essential values

It is said that “Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” It is the real ornament of life. Human value education is the process of educating people about moral values. It is the practice of creating learning experiences for students based on values utilizing pedagogical approaches, methods, programs. We can understand that value education is very relevant and highly valued today; it is also necessary for success in life.<sup>5</sup>

Human values are almost the same around the world. It is to be mentioned that importance of human values is seen right from the childhood of a person. We inherit them from their parents. As children grow, they learn these values from their parents, teachers, families, society. Human values do not have any set rules for following them. As a result, they

vary from person to person, but their main objective is to create love and understanding between people, including nature. Our five senses provide us with knowledge, it is our values that enable us to distinguish between good and bad. We have easy access to information, but change is gradual without the application of human values. It is at this point that the importance of human values becomes crucial in finding answers to major global issues like global warming, etc.<sup>6</sup>

### Crisis of Human Values

Any occurrence that leads to a risky scenario that affects an individual, a group, a community, or society is considered a crisis. Crises are defined by unfavourable developments in the environment, society, economy, or politics. One of the major issues we face on a daily basis is the value crisis. The current human society’s most pressing issues include the dowry system, divorce, abortion, animal sacrifice, superstitious beliefs, etc. These issues keep getting worse. We offer value orientation classes to uproot these so that we can achieve the highest level of thinking. Everyone will utilise absolute freedom to satisfy their needs. He or she attempts to experience freedom in its purest form while forgetting about obligations to society. The current society is actually going through a values crisis. As a result, everyone should be aware of the need to address social issues that are deeply ingrained in human civilization. To manage human life in an orderly manner, society must uphold principles like honesty, kindness, justice, patriotism, humanism, among others. The value of things in the modern human society appears to be based on their place in the material world. For instance, in today’s society, wealth is revered but lack of riches is not recognised by anyone. Human values have thus been neglected and rendered worthless. People are so preoccupied with making money and acquiring material goods that they lack the time and motivation to consider humanity. Today, educated people are so proud of their degrees that some of them detest illiterate people and avoid the company of villagers. Thus, they shun village life and live in towns or cities.<sup>7</sup>

Regardless of whether they are employed or not in any particular profession or service, all people should uphold the following five human values:

- **Right Conduct:** Contains values like social skills (good behavior, good manners, environment awareness etc.), ethical skills (courage, efficiency, initiative, punctuality etc.)
- **Peace:** Contains values like equality, focus, humility, optimism, patience, self-confidence, self-control, self-esteem etc
- **Truth:** Contains values like accuracy, fairness, honesty, justice, quest for knowledge, determination etc

- **Peaceful Co-Existence:** Contains values like psychological (compassion, consideration, morality, forgiveness etc.) and social (brotherhood, equality, perseverance, respect for others, environmental awareness etc.)
- **Discipline:** Contains values like regulation, direction, order etc

For human unification and integration, students need to understand universal principles. "Try not to become a man of success but rather by becoming a man of value," said Albert Einstein. Students must be educated to comprehend and handle these difficulties. Understanding one's aim must be part of education's breadth. Students should be helped by education to develop understanding, commitment, competence, life skills. The condition of education has a direct impact on the state of society. The key to developing the individuals, who make up society, is education. The ensuing society will be peaceful and brave if schooling is done properly; else, it will just be a throng or even a battleground where man's greatest fear is his fellow man's inhumane behaviours. The educational system needs to be changed. Students should leave school with a broader perspective on life. It can be completed in two steps. Human Values courses can be added to current curricula as a first step. The second step can include completely redesigning education.<sup>8</sup>

### Importance of Human Values

- Provides understanding of the attitudes, motivation and behavior
- Influences perception of the world around us
- Represents interpretation of "right and wrong"
- Provides a way to understand others and organization.

### Role of Human Values to Society

The ideals a student develops morally are influenced by their family and society. The relationship that children have with their parents shapes their personalities. Values are established on the foundation of the family. Children are raised with moral values such as honesty, joy, peace, fairness, which serve as principles and standards that direct their behaviour throughout their lives. The family influences how a child views other people and society, aids in the development of the child's mind, upholds his moral principles. A joyful and blissful home environment fosters the growth of love, affection, tolerance, charity. Since children spend the majority of their adolescent years with their parents, only family engagement can correct the child's behavioural issues. Family values lay the groundwork for how kids learn, develop, interact with the outside world. The child is able to maintain his convictions despite others' attempts to persuade him otherwise thanks to the family's principles Figure 2.



Figure 2. Universal Human Values

### Content for Values Education:

All three dimensions are covered by the curriculum for value education. These are the realisations about thoughts, actions, work. One can find answers to personal questions with this resource. Cons equality has an impact on a person's actions and productivity. This results in realisation, which the person gains as a result of the query.<sup>9</sup>

Thought: Actions, behavior and cognition are the three fundamental pillars of the human thought process.

Behavior: The way a person or thing acts or reacts. A child throwing a tantrum is an example of bad behavior. Being kind to other is good behavior.

Work realization: To do something in an organized way. Our aspirations can be achieved by setting the right goals in the right direction. It is essential for the success of any human endeavor that values and skills complement each other. For instance, I want to live a healthy life. Only wishing for good health will not be enough to keep me fit and healthy and without understanding what health means, I won't be able to choose things that will keep me healthy. We want things because we think they will make us happy. It is only through self-exploration that we can find answers to many fundamental questions of all human beings. We are born as humans and should accept ourselves as such. We should learn to be happy with who we are. We should not try changing ourselves or others. We must learn to love ourselves and each other unconditionally. This enables people becoming aware of their natural acceptance Figure 3.



Figure 3. Sustainable Human Values

## Happiness

Happiness is a state of mind. It can be seen in an individual. It does not only mean materialistic fulfillment. For example, the person may be suffering from some severe disease and he might not be financially strong but he may still be happy. According to an old saying, 'Happiness has less to do with circumstances than with our attitude and approach to life'.

### Two paths can lead to happiness:

Preya: It is related to instant happiness. It means that this kind of happiness is obtained by small things such as going on a trip to your favorite place, attending a party, eating good food, etc.

Shreya: It directly resembles happiness; we can create happiness although it takes time to develop. Happiness is something you get overtime. You need to work hard to be happy. For example, one has to work hard to achieve success, adjusting with friends in a group to strengthen the bond of love and friendship.

### Impact of Happiness:

- It helps in making an individual perform efficiently
- It helps in developing a healthy mind with the right understanding
- It increases mutual harmony

## Prosperity

Prosperity is the state of being wealthy or a rich life. Someone who is living a rich and full life with all the money and happiness they need is an example of prosperity. Prosperity is having more physical facilities than you need. Sharing what you have creates a desire to share.<sup>10</sup>

## Conclusion

In society, human values are very important. Social values are subordinate to human values. Since communication has greatly enhanced due to technological development, anything we say, do, or even believe will directly affect a bigger group of people. Newspapers today keep us informed about a wide range of crimes, including theft, murder, injustice, governmental corruption. These do not pass by the millions of readers without having an impact on them in some way. Human values are a major focus in today's educational establishments. Human value is typically recognized as a moral benchmark for human conduct. Therefore, it is important to maintain and preserve human values. Human values could be seen as the solution to the world's issues. Human values foster an all-encompassing perspective on life and work. Such people develop self-confidence and become assets to themselves, their families, society. Students succeed academically, at their jobs, in society.

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